

Summer Safety Tips

Summer is quickly approaching and outdoor activities are in full swing. "Summer activities and the warm weather bring with them a timely reminder about summer safety," stated Deputy Mayor Neil Lewis, liaison to the Public Safety Department. "Take a few minutes to read this valuable information."

If you keep these tips in mind, you'll be able to avoid a visit from our police, rescue and fire professionals."

POOL SAFETY:

- Never leave a child unsupervised near a pool. Flotation devices are no substitute for supervision!
- Remove your pool cover completely - a child or pet may become trapped under a partially covered pool.
- All pools should be enclosed by a 4 foot fence, with self latching gates.
- Learn CPR and keep a telephone near the pool.

HEAT STRESS and STROKE:

- Hydration is critical when exercising or playing outdoors.
- Drink water or sports drinks even if you are not thirsty.
- Wear light colored clothing with absorbent material.
- Limit high intensity activity on hot days.
- Avoid alcoholic beverages and caffeinated drinks.
- Learn basic first aid on the proper method to cool down, using ice packs behind the neck, under the arms, or near the waist to cool the core of the person.

VEHICLE SAFETY:

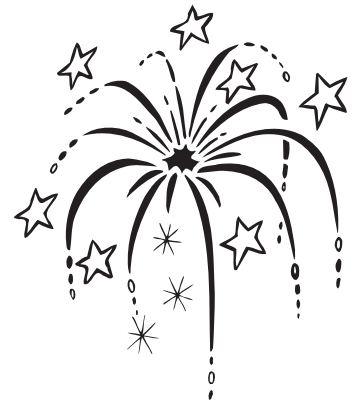
- Hot cars pose significant danger to children and pets. Temperatures can rise within 5-8 minutes to 120-140 degrees, even with the windows slightly open.
- Sleeping children may be forgotten in the rear seat, leave yourself a note on the dashboard to remember to check the back seat.
- If you see a child or pet unattended in a closed car on any day over 70 degrees, call the Police immediately.

ANIMAL SAFETY:

- Allow dogs to have shaded areas if they stay outside in the summer. Provide them plenty of water.
- Wild animals are more active in the summer months, be careful when outdoors.
- Call the police if an animal becomes trapped in your home or is acting strangely.

FIREWORKS:

- Remember all fireworks are illegal in New Jersey, even sparklers can reach temperatures over 1,000 degrees causing serious injury.



VOTING AND ELECTIONS

Primary Election Day is June 6th.

Polls are open from 6:00am to 8:00pm

**For poll locations or to find out
what voting district you live in,
visit the Plainsboro website at: www.plainsboronj.com.**