

Parks, Programs & Services



Winter 2010

Please note

- Newsletter plus forms to download or complete online from the website
- Fall session ends 12/12. Registration for winter session opens 12/07. Winter session starts week of 1/04.
- See page 2 for policies on registration
- Summer camp brochures will be distributed at the end of February. Details in next newsletter. Registration opens March 1.
- Spring Registration March 08

December Highlights

Traditions

Saturday, December 5 1:00—4:30 p.m.

Plainsboro hosts its twelfth annual showcase of festivals, holidays, and celebrations from around the world! Local / regional cultural and arts groups bring traditional music, dance, holiday displays, folk art, and more to make this event one of the most popular of the year! Participants get a world tour without leaving the municipal complex. Details will be posted by December 1st. Free

We say goodbye to the 2009 International Year of Astronomy during School Break! Don't miss it!

Space Day

Monday, December 28 1:00-3:00 p.m.

Participants ages 6 - 12 can enjoy a fun-filled space themed program. Group "space" games will be featured as well as open game time. Participants also make a space themed craft to take home.

Advance registration is required and space is limited. Fee: \$10/child

Space, the Final Frontier

Tuesday, December 29

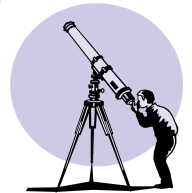
Two Workshops: 1:00 - 1:45 p.m. & 2:00—2:45 p.m.

These are the voyages of inquiring minds (ages 6 - 12) on a quest to discover space! Their mission: to take an exciting look at planets, moons, comets, and the stars—to boldly go where bright young minds love to go! (Space suits not required,) Our explorers will return from their mission with their own piece of the skies! Advance registration is required and space is limited. Fee \$10/child

Starlab

Wednesday, December 30 1:00 - 5:00 p.m.

The traveling planetarium is coming to Plainsboro! All ages welcome—children must be accompanied by an adult. Continuous schedule; space is limited for each time period. Tickets for designated times will be available for pick up on a first come basis from the office starting December 7th. Free



Inside this issue:

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Winter Arts & Culture

Jewish Textiles Demonstration & Lecture

Middlesex County Cultural & Heritage Commission brings another Folklife program to residents on Sunday, December 20 from 3:00-4:00 p.m. Location: Municipal Building / Court Room

Mick Maloney Irish Song & Dance

Middlesex County Folklife Program presents an exciting production of traditional music and dance from the Emerald Isle, as part of its Folklife Series. Free admission; seating is on a first come basis. *Wed., March 3rd at 7:00 p.m.*

Youth Arts Month

March celebrates national Youth Arts Month. Once again, Plainsboro Township will host hundreds of works by students in the West Windsor-Plainsboro School District. Watch for information later this winter.

Activities for Adults

Jazzercise

Aerobic exercise program for all fitness levels. Contact Mary Jane Brady at 890-3252.

** means babysitting available.*

Place: Municipal Building
Class: Tues/ Wed/ Thurs/Fri
Time: 9:30-10:35 a.m.*
Sat. 9:00 –10:05 a.m.

Place: Wicoff School
Class: Mon & Wed
Time: 5:45- 6:45 p.m.

Meditation

Relieve stress and improve your quality of life through meditation in this relaxed drop-in program. The method is simple, practical in approach and tangible in results. Free—registration required at class. Rm A/B.

Sunday (ongoing) 8:00 -10:30 a.m.

Adult Swim Instruction

See pages 6-7

ACBL Duplicate Bridge

Attend alone or bring a partner. Held at the Municipal Bldg.; \$5.00 fee payable at the door. Call Donna Prickett at 799-0516 or David Siegel at 799-4491.

Thurs 7:30 p.m.

Pinochle

Group meets in the Municipal Building on Thursdays at 2:00 p.m. For information, contact Geza Oltay at 936-1115.

Southern Style Shaolin Kung Fu

Beginner to master level. Outreach program taught by Sifu Bonifacio Lim. Information and registration call 716-9620.
Tues 4:30 p.m. & Sat. 10:30 a.m.

Tai Chi Club

Open to adults of all ages, this group offers a great opportunity to practice your skills and join others with similar interests. Free.
Mon 11:30—12:30 p.m.

Sewing Guild

Residents who enjoy quilting and other forms of sewing such as home décor, machine embroidery, or clothing are invited to share interests and camaraderie. For details contact Lynda Smolarek at 609-712-3769. Upcoming dates—1/10, 2/14, 3/14
Sun 1:00-5:00 p.m.

Ping Pong

Adult open ping pong meets 2nd Friday of the month, 7-10 p.m., in Rm A/B at the municipal building.

Yoga

Yoga is great for relaxation and enhancing flexibility. Join local yoga instructors for beginner level yoga instruction. Open to teens and adults. Registration free—space is limited.
Mon 7:00-8:00 p.m.

ESL for Plainsboro adults

The Winter Session will begin the week of January 4. Classes are held in the municipal bldg. Fee \$35
Beginner classes will be held Wednesday 7:00-9:00 p.m.
Conversation classes will be held Fridays 6:00-8:00 p.m.

Creative Explorations in Art

Come discover your hidden artist! During the 5 week course, students will have an opportunity to express themselves creatively using a variety of media and techniques, while learning about the famous masters of the art world. Advance registration required, space limited.
1/05 - 2/02 Fee \$40
Tues 7:00 - 8:00 p.m.



[<Link to Winter 2010 Program Registration Form>](#)

Registration

Opens for the winter session 12/07 unless otherwise stated. Residency required for classes unless otherwise indicated.

Refund Policy

Fees **non-refundable**. Exceptions made only for emergencies; documentation may be required. Refund requests must be made in writing and take 6-8 weeks.

Class Changes

Requests to change a class registration are subject to a \$5 fee (also applies to 'no shows' for free trips). Registrations are not transferable.

Program Fees

Fees are due with registration; payment is by check or cash. The township does not accept credit cards.

Community Service Opportunities

Volunteer Resources - Residents interested in volunteer opportunities will find the resources below helpful. The Township *Volunteer Directory*, has listings from the township as well as local organizations. It is available for viewing online or at the library (Reference Desk). *Handsonhelpers.org* is a regional resource site.

Shadow Buddies - Volunteers ages 14 & up help special needs youngsters in programs such as *Kids Co'Motion* or *Adapted Aquatics*. Applications available for pick-up from the office or on the township website.

Food Pantry Volunteers - Volunteers prepare bags of food for distribution to families in need. Contact Cindy Capritti, coordinator, at 799-0909 x352 for more information.

Bilingual Volunteers - Bi-lingual volunteers interpret for group discussions/presentations or translate written materials. Contact the office or download a bi-lingual application from the township website.

Active Programs for Youngsters

Kids Get Fit

Junior Jazzercise for ages 6-12
Program combines fun and fitness, and is geared toward the musical tastes and physical needs of young people. Contact Mary Jane Brady at 890-3252 to register or visit www.jazzplainsboro-windsors.com
8 weeks 1/14 - 3/04. Fee \$50
Thurs 6:00 - 7:00 p.m.

Act A Folk Tale

Folktales from around the world teach creative drama to ages 3 - 5.
1/04 - 3/08 (no 1/18, 2/15, 3/01)
Fee \$15
Mon 10:30 - 11:30 a.m.

Martial Arts Class

Encompasses Sil Lum Kung Fu, Chin Na & Kempo beginner – master level. Outreach program led by Sifu Gary Vaganek, certified 6th Dan Black Sash. For details call (732) 821-7817. Fee: \$70/month
Mon & Fri 4:00 p.m. - 5:30 p.m.

Rhythms & Rhymes

Activities combine singing, music, creative movement and playing rhythm instruments. Space limited.
1/04 - 3/08 (no 1/18, 2/15, 3/01)
Fee \$15
Pre-K ages 3-5 (child only)
Mon 9:30 - 10:15 a.m.

Mommy & Me ages 18-36 mos.
Mon 10:30 - 11:15 a.m.

Mini Masters Art Classes

Students experiment with materials and techniques while learning about old and new masters of art and creating masterpieces of their own! 4 weeks 2/01 - 3/01 (no 2/15)
Advance registration required; space limited. Fee: \$20
Mon Gr K-2 4:00-5:00 p.m.
Gr 3-5 5:00-6:00 p.m.
Gr 6-8 6:00-7:00 p.m.

Also see Nature Activities and Aquatics sections

[<Link to Winter 2010 Kids Get Fit Program Registration Form](#)

Program Cancellations

If schools have early dismissal or are closed due to weather, all school-based activities for the remainder of the day are cancelled.

If the municipal complex closes due to weather conditions, information will be posted on the main phone line.

Instructors who cancel classes will contact their students directly. Aquatics program changes are also posted on 497-2100 ext. 323.

Winter Session : no classes 1/18, 2/15 unless otherwise stated. See descriptions for additional information.

Programs may be canceled due to low registration—decisions are generally made a week in advance

Programs for “Differently-Abled” Youth

Kids Co’Motion

A popular movement program for youth ages 4- 21 with disabilities. Open to non- residents on space available basis. Pre-registration is required. 8 wks 1/06-3/17 (no 1/13, 2/10, 3.10). Fee \$35
Wed (age 4-9) 5:30 - 6:30 p.m.
(age10-21) 6:30 - 7:30 p.m.

Adapted Aquatics

Specialized aquatics program for school-age children. See *Aquatics pages 6-7 for details.*

Kids Music Round

Children ages 3-9 will learn the pleasures of making music through songs, instrument play, rhythm chants, and movement activities. Space is limited. 10 wks 1/07-3/11. Fee \$35
Thurs 4:30 - 5:15 p.m.

Artful Artists

VSA Arts of NJ brings out the creative side of participants ages 4-21 to promote self-expression through art. Space limited. 8 wks

1/08-3/05 (no 2/12). Fee \$35
Fri age 10-21 4:15 - 5:15 p.m.
age 4-9 5:15 - 6:15 p.m.

[<Link to Winter 2010 “Differently-Abled” Youth Program Registration Form>](#)

Check the West Windsor website www.wwparks-recreation.com or call the West Windsor Recreation Dept. at 799-6141 for additional program information on activities (such as Adapted Yoga, Adapted Martial Arts, & Adapted Dance Aerobics) that are available to the residents of both communities.

Resource Directory - Free copies of our guide to programs, activities, & services for individuals with disabilities are available for pick up from the municipal complex. Lists hundreds of local/state/national resources!

Community Athletic Leagues

Athletic Leagues conduct their own registrations. The Recreation Department can provide contact information for local leagues, as requested. Most of the leagues maintain their own websites which are interactive. These websites include the following:

WW--P Soccer Association
www.wwpssa.org

Cranbury-Plainsboro Little League
www.cpll.org

WW-P Babe Ruth League
www.wwpbaberuth.org

WW-P Football & Cheerleading
www.wwpwildcats.org

Lightning Lacrosse
www.lightninglacrosse.com

Plainsboro Adult Softball League
www.plainsborocoedssoftball.com

Nature & Environmental Education

Winter Night Life Walk

Fri., January 29 6:30-8:00 p.m.
Enjoy a moonlight walk listening to the sounds of winter nights and discovering seasonal changes. Pre-registration required call 799-0909 x 354. Free

Winter Wonders Walk

Mon., February 15 11:00 a.m.
Family-friendly nature walks / scavenger hunts are a seasonal highlight in Plainsboro. With each season, participants observe the changes in wildlife along the pond. Meet at 11 a.m. Community Park. Dress for the weather and feel free to bring binoculars. Free

Pre-School Nature Series

Thursdays Jan. 14-March 4 11:00 a.m.-noon or 1:00-2:00 p.m.
A weekly nature program for ages 3-5 with parent featuring indoor/outdoor activities and crafts that change with each season. Winter themes include *Winter Stories, Staying Warm, Groundhog Day, Winter Winds, Making Tracks, Tweet Treats, Native Americans, and Dr. Seuss's Birthday*. Advance registration; space limited. \$18 p/c

Junior Ranger Program

Popular program for budding young naturalists ages 6-12. Do projects on your own or join get-togethers for group activities and excursions to become a "Junior Ranger". Activity books available from the office as well as on the township website. Adv. registration required. Free. Upcoming group meetings:

Creating Your Own Nature Journal
By keeping a nature journal you can study nature close to home. Participants will create a personal journal and learn tips on how to use it for collecting their nature specimens.
Sat., 1/16 10:30 a.m. - noon

Wildlife Tree Treats
Our local wildlife enjoy treats too! Join us to make treats to hang outside for local birds and other wildlife.
Sat., 2/20 10:30 a.m. - noon

Building Bluebird Boxes
Join park rangers for a fun-filled afternoon of building bluebird boxes to hang in our parks.
Sat., 2/27 10:30 a.m. - noon

Getting Ready for the Bluebirds
When spring is near, Eastern bluebirds begin their spring ritual of setting up house in one of the bluebird boxes in and around Plainsboro. Join us at Community Park when we place the boxes we made at the last workshop.
Sat., 3/13 1:00 p.m.

Coming in March:

Earth Hour—March 27

Earth Hour is a global climate change initiative which calls on individuals, businesses, and cities around the world, to turn *off* their lights and turn *on* their attention to our climate for one hour. For the second year Plainsboro will get involved by offering activities for the whole family. Stay tuned for more details

For information about programs sponsored by the New Jersey Audubon Society call 897-9400.

Don't miss out!
When people wait
too long to register
they sometimes lose
their chance! The
class might be filled
or we may think there
is no interest and
cancel the program!

Local & Regional Services

Assistive Services
Middlesex County Office on Aging
877 222-3737

Middlesex County Office for the
Disabled 732 745-4013

Middlesex County Board of Social
Services 732 745-3500

Affordable Housing
Plainsboro Non-Profit Housing
Corp. 609 786-1101

Transportation Services
Middlesex County Area Transit

Information 732 745-7456
Reservations 800 221-3520

NJ Transit
Information 973 275-5555
Access Link 800 955-2321
Reduced Fare Program
973 378-6401

Information Services
InfoLine of Central Jersey
area database of services
www.info-line.org or call at
888 908-4636

**Often requested Twp.
Contacts Main # 799-0909**

Building x 203
Housing x214
Tax Office x546
Voting, Pet Licenses, and
Passports x547

**Call Public Works at
799-0099**
Bulk Waste Days, Leaf Pick Up,
and Community Garden

Health & Fitness for Seniors

To promote physical health and well-being, the township offers the senior programs below at no, or reduced, cost to township seniors age 60 and up. Limited space is allowed for non-resident members of Plainsboro Senior Club.

Seniors registered for Fall 2009 / Winter 2010 session of Tai Chi and Yoga, do not need to re-register. New registration required each session for all other programs. Registration for winter opens 12/07.

For other programs / activities of interest to seniors, see *Aquatics and Adult Activities*.

Yoga

Beginners and individuals with experience welcome. Starts 1/05 Free

Tues 1:00 – 2:00 p.m.

Tai Chi

Instruction led by Sifu Bonifacio Lim. Ancient martial art strengthens the body, loosens muscles, promotes balance.

Starts 1/09 Free

Sat 12:00 - 1:00 p.m.

Jazzercise Lite

A 45-minute fun and easy dance/fitness program for seniors age 60 and over. Starts 1/07 Free

Thurs 11:00 – 11:45 a.m.

Strength Training

Designed to tone muscles, build strength, and increase bone density. *Registration required each session.* 1/06 - 3/03

Fee \$30/resident;

\$35/non-resident Sr. Club only

Wed 10:45 - 11:45 a.m.



Special Interest & Senior Social Activities

Needle Art Engineers 8 – 80

Special interest group for learning, practicing and sharing any kind of stitchery. Mondays 12:30 - 1:30 p.m.

Tai Chi Club

Open to adults of all ages, a great chance to practice skills and share interest with others. *This is not an instructional program.* Free
Mon 11:30 - 12:30 p.m.

Plainsboro Senior Citizen Club

The Senior Citizen Club is a non-profit group that meets on the 2nd Wednesday of the month (except July, August and December) at the Municipal Bldg. Call senior club president, Janet Schock 799-0442.

Sr. Fridays Drop-In Program

A grant-funded program for active seniors, featuring refreshments games, activities, entertainment and time with friends. Meets 12:30

– 2:30 p.m. September - June.

Creative Explorations in Art

New art program for adults! Come discover your hidden artist! During the 5 week course, students will express themselves creatively using a variety of techniques and media, while learning about the famous masters of the art world. Advance registration required, space limited. 1/05 - 2/02 Fee \$40
Tues 7:00 - 8:00 p.m.

Food Pantry
The Food Pantry now operates under the auspices of the Department of Recreation & Community Services. Registration information is available from the office.

Senior Trips and Services

Upcoming Senior Trips

The Department of Recreation and Community Services sponsors bus trips for seniors throughout the year. Space is limited. Advance registration is required for trips and is accepted on a first-come, first-served basis. Registration forms are mailed with the *Senior Citizen Newsletter* and are available for pick-up at the Municipal Bldg. For details, contact the senior trip coordinator, Carol Golden at 924-0883.

Trip registration is not accepted through the office. See registration form for instructions. Additional details are only available through the coordinators.

To: Atlantic City

Date: January 14

Cost: No Fee

To: Royal Manor

Date: February 24

Cost: \$43 / pp

Public Safety Services

799-2333

Operation Reassurance

Enrolled participants who live alone can call police dispatch at a pre-set time daily. If no call has been received, police personnel will check to ensure the senior is alright.

Carrier Link

Mail carrier will advise police if mail is not picked up, so a residence check can be made to be sure the senior is safe.

Aquatics for Children, Youth & Families

Note: Effective 1/01/10 the American Red Cross Learn-to-Swim criteria are revised. Please contact the YW aquatics outreach program staff regarding child placement in swim classes. Detailed information regarding registration policies can be found on program registration forms.

Pre-School Swim

3 1/2-5 1/2 years learn to swim without parent/guardian.

3520211 Mon. 6:30-7:00 p.m.
 3520213 Wed. 6:30-7:00 p.m.
 3520215 Fri. 6:30-7:00 p.m.
 3520216 Sat. 2:00-2:30 p.m.

Adapted Aquatics

Children 6-15 years with mental or physical challenges receive one-on-one instruction. Grant subsidized half hour program.
 3531212 Tues. 7:00-7:30 p.m.
 3531222 Tues. 7:30-8:00 p.m.
 3531232 Tues. 8:00-8:30 p.m.
 3531216 Sat. 1:00-1:30 p.m.
 3531226 Sat. 1:30-2:00 p.m.
 3531236 Sat. 2:00-2:30 p.m.

Red Cross Lessons

Adults 15+ Levels 1-3

3550112 Tues. 7:45-8:30 p.m.
 3550114 Thurs 7:45-8:30 p.m.

Family / Lap Swim

Mon.-Fri. 6:30-9:30 p.m.
 Sat.- 1:00-5:30 p.m.
 Family 1 yr. 3500011 \$385
 6 mos. 3500012 \$265
 3 mos. 3500020 \$215
 Adult 1 yr. 3500013 \$280
 Lap 6 mos. 3500014 \$215
 3 mos. 3500021 \$165
 Youth 1 yr. 3500015 \$185
 /Senior 6 mos. 3500016 \$165
 Lap 3 mos. 3500022 \$135

Youth Lap-Minimum age 14
 Senior Lap-Minimum age 62
 Guest Pass-\$10 1person/day

Plainsboro Township

collaborates with the

YWCA Princeton in

providing aquatics

programs for residents.

All classes are held at

WW-P HS North and

are open to Plainsboro/

West Windsor

residents. YWCA

membership is not

required for the high

school north location.

Red Cross Swim Lessons

Youth Ages 6-15

Level 1—Intro to Water Skills

3530111 Mon. 7:00-7:45 p.m.
 3530113 Wed. 7:00-7:45 p.m.
 3530115 Fri. 7:00-7:45 p.m.
 3530116 Sat. 2:30-3:15 p.m.

Level 2—Fundamental Skills

3530211 Mon. 7:00-7:45 p.m.
 3530212 Tues. 6:15-7:00 p.m.
 3530213 Wed. 7:00-7:45 p.m.
 3530214 Thurs. 6:15-7:00 p.m.
 3530215 Fri. 7:00-7:45 p.m.

3530216 Sat. 2:30-3:15 p.m.

Level 3—Stroke Development

3530311 Mon. 7:45-8:30 p.m.
 3530312 Tues. 6:15-7:00 p.m.
 3530313 Wed. 7:45-8:30 p.m.
 3530314 Thurs. 6:15-7:00 p.m.
 3530315 Fri. 7:45-8:30 p.m.
 3530316 Sat. 3:15-4:00 p.m.

Level 4—Stroke Improvement

3530411 Mon. 7:45-8:30 p.m.
 3530413 Wed. 7:45-8:30 p.m.
 3530415 Fri. 7:45-8:30 p.m.

3530416 Sat. 3:15-4:00 p.m.

Level 5—Stroke Refinement

3530514 Thurs. 7:00-7:45 p.m.
 3530516 Sat. 4:00-4:45 p.m.

Level 6—Swimming and Skill Proficiency

3530614 Thurs. 7:00-7:45 p.m.
 3530616 Sat. 4:00-4:45 p.m.

Teens age 13 & 14 Level 1

3540112 Tues. 7:45-8:30 p.m.
 3540114 Thurs. 7:45-8:30 p.m.

Competitive Swim / WSI

Competitive Swim Clinic

Ages 6-15 Training for speed, endurance, plus instruction for racing dives, starts, turns, and strokes. Must have passed Level 5.

3531315 Fri. 8:30-9:30 p.m.
 3531316 Sat. 4:45-5:45 p.m.

Water Safety Instructor

16 years & up

WSI is an American Red Cross Certification program that qualifies participants to become

swim instructors. *Pre-requisites:* Successful completion of Fundamentals of Instructor Training (FIT); Participants must pass the pre-course test in order to take the class. Swim suit & towel required every class. First class is FIT (participation is mandatory to complete WSI requirements). The second class includes a pre-course swim evaluation test. 10 weeks. \$280 Books are included.

3550344 Thurs. 01/07-03/11
 6:00-10:00 p.m.

New! Diving Class

(Level 3 & above) Work on approach, take off and body position diving from pool side, starting block, and springboard.

3550511 Mon. 8:30-9:00 p.m.
 3550513 Wed. 8:30-9:00 p.m.

Aquatics Schedule, Fees & General Information

Session Dates: January 4 - March 23. Tentative start date due to pool repair schedule. Updates will be available after 12/16. Class schedules/fees reflect closings. When WWV-P schools are closed, there are no programs. Pool Closings: Monday, 1/18; Thursday, 2/11—Monday, 2/15.

	Monday 10 wks	Tuesday 12 wks	Wednesday 11 wks	Thursday 11 wks	Friday 10 wks	Saturday 10 wks
6:30-7:00 p.m.	Preschool \$139	Levels 2 & 3 \$186 6:15-7:00 p.m.	Preschool \$153	Levels 2 & 3 \$171 6:15-7:00 p.m.	Preschool \$139	1:00-1:30 p.m. Adapted \$75 1:30-2:00 p.m. Adapted \$75
6:00-10:00 p.m.				WSI \$280		2:00-2:30 p.m. Adapted \$75
7:00-7:45 p.m.	Levels 1 & 2 \$155	Adapted \$90 7:00-7:30 p.m.	Levels 1 & 2 \$171	Levels 5 & 6 \$171	Levels 1 & 2 \$155	2-2:30 p.m. Preschool \$139
		Adapted \$90 7:30-8:00 p.m.				2:30-3:15 p.m. Level 1 & 2 \$155
7:45-8:30 p.m.	Level 3 & 4 \$155	Adults & Teens \$216	Levels 3 & 4 \$171	Adults & Teens \$198	Levels 3 & 4 \$155	3:15-4:00 p.m. Levels 3 & 4 \$155
7:45-8:30 p.m.		Adapted \$90 8:00-8:30 p.m.				4:00-4:45 p.m. Level 5 & 6 \$155
8:30-9:30 p.m.	Diving \$150 8:30-9:00 p.m.		Diving \$165 8:30-9:00 p.m.		Competitive Swim \$206	4:45-5:45 p.m. Comp Swim \$206

[<Link to Aquatics Program Registration Form>](#)

Call 497-2100 x323

after 12/16 for

schedule updates.

Aquatics registration

forms are available

on township website

www.plainsboronj.com

or from the township

municipal building.

Class fees are paid

directly to the YWCA.

Aquatics Registration

Programs at WWV-P HS North are open to residents of West Windsor and Plainsboro. All registration is directed to the YWCA Aquatics Outreach Program. Registration forms are available at the Municipal Building as well as on the township website.

In-person registration will take place at the HS North pool Dec. 21-22, 7-8 p.m.

Mail-in registration will be accepted after December 22. and must include registration form, check, and stamped, self addressed envelope. Mail to YWCA Princeton Aquatic Outreach Program 59 Paul Robeson Place Princeton, NJ 08540 Registration will continue throughout the session on a space available basis.

Refunds/Credits—see below

Schedule changes due to pool availability will be posted.

For more information about swim programs or level placement, contact the YWCA Aquatics Program Outreach Director, Wendy Trockenbrod at 497-2100 x323. Leave your name, phone number, and a brief message.

Aquatics—Program Policies

Refunds/Credits/Changes
A \$10 processing fee is applied to all requests for refunds or changes within a session.
7 Days prior to start of class, *refund or change* classes
3-7 Days prior to start of class, *change class only*—authorization needed

Illness or Injury
Written request to director with doctor's note required.
Credit for unused portion

(from date of notification).
Make-Up Class Policy
Maximum of two make-ups allowed during session. Must be same type/level class. No make-ups permitted first and last weeks of a session.

Class Observation Policy
Parents are invited to observe their child's class from the bleachers. If parents have questions about their child's swim lesson, questions may be

directed to the instructor *before or after* the class.

Red Cross Levels
Participants are tested by aquatics staff to determine their initial level of ability and progress as required skills are achieved.



Department of Recreation & Community Services

Department of Recreation & Community Services
641 Plainsboro Road
Plainsboro, NJ 08536

Phone: 609 799-0909 x332

Fax: 609 799-7026

E-mail:

recdept@plainsboronj.com

Website www.plainsboronj.com

RECORDED CANCELLATION LINE

799-0909 x551

OFFICE

799-0909 x332

AQUATICS PROGRAM
INFORMATION

497-2100 x323

PARK RANGER DIVISION

799-0909 x354

Township Parks

PLAINSBORO PRESERVE, Scotts Corner Rd. – The 1000 acre Nature Preserve opens at 7 a.m. Closing time is adjusted for sunset and posted daily. **THE “NO FISHING”, “NO HUNTING”, “NO DOGS”, AND “NO BICYCLING” REGULATIONS AT THE PRESERVE ARE STRICTLY ENFORCED BY THE PARK RANGERS AND VIOLATORS WILL BE PROSECUTED.**

WATERS EDGE PARK, Pond View Drive – a scenic park area on Plainsboro Pond with a floating dock for non-motorized boating, and a biking/jogging trail.

PLAINSBORO PARK, Edgemere Avenue – picnic area, playground, facilities for basketball, softball, baseball, bocce, and tennis. Access to biking/jogging on the Lenape Trail. *Special note: Fields 1 & 2 will be closed for repair in the spring. Effective date to be posted.*

SCHALKS MEADOW PARK, Parker Road – playground, basketball, tennis, cricket area, and ballfields.

MILL POND PARK, Maple Avenue – located along Plainsboro Pond, a scenic area ideal for picnicking, fishing and non-motorized boating.

LENAPE TRAIL, George Davison Road/Maple Ave – accommodates biking, jogging, walking, rollerblading, cross-country skiing (2.2 miles with markers every 0.1 mile).

MORRIS DAVISON PARK, Plainsboro Road – playground, volleyball, basketball courts, biking/jogging path (perimeter approx. ½ mile) and pavilion. *The open field is currently under construction.*

COMMUNITY PARK, Scotts Corner Road – includes ballfields, soccer field, dog park, concession stand, pavilion, picnic area, an asphalt court for skateboarders or rollerbladers as well as a playground facility.

PLAINSBORO PARK RANGERS - For questions on park facilities, regulations, or reservations call the park ranger office at 799-0909 ext. 354. A copy of the park ordinances and applications are available from the ranger office as well as on the township website.

<Link to Parks Application Form>

2010 Summer Program Preview

Summer 2010 Program Brochure

The 2010 summer brochure will be distributed late February to grades K-8 in the WWP School District. Copies will be available for pick-up from the office at that time for families with pre-schoolers and home / private school students. The brochure and registration documents will also be available for downloading from the township website at that time. The booklet will contain detailed information as well as registration forms for camps, sports clinics, theatre and other workshops.

Registration opens 3/01.

CDBG Funded Financial Assistance

Financial assistance available to income eligible Plainsboro residents (HUD guidelines) for select summer and school year EDP programs. There is only ONE funding cycle per year. Application packets for the 2010-2011 cycle (which begins with summer 2010) will be available for pick up from the Recreation Office February 1.

The filing deadline is Friday, May 14, 2010.



Summer Employment

Applications for summer camp employment will be available from the office or online after December 15. Interviews are arranged with **qualified** applicants starting in January. Minimum age for paid employment is 16. Minimum age for volunteer staff is 15. Note: The township does not hire counselors for segments of the summer camp season.

Eligible applicants must be available for the entire program.